



## Smoky Hill Vineyard

### 03.07.10 GROWTH GROUP QUESTIONS

PHILIPPIANS 4:4-9

#### **GROUP BUILDER**

What is the best thing that happened to you this week?

#### **REFLECTION**

What encouraged or challenged you the most regarding prayer from this weekend's message?

#### **DEEPER (Large Group Discussion)**

What would someone who embodies the qualities in vs. 4-6 look like? How do these qualities relate to Paul's peace objectives in vs. 2-3, 7, 9?

How does what you think about affect how you feel? How does it affect your connection with God?

When you are feeling contrary to the things listed in Philippians 4:8, how do you move from being contrary to leaning into Paul's challenge to think differently?

How might you apply the following prayers to current day situations: Matthew 6:9-15; Ezra 9:5-15; 1 Chronicles 4:10; 2 Samuel 7:18-29; Ephesians 1:15-23; Colossians 1:9-12; Philippians 1:3-11; Ephesians 3:14-21; Daniel 9:4-19

In what way has the Lord helped you in understanding His purpose in allowing difficult circumstances that you have been through? For example, see James 1:2-4; Romans 5:3-4; Matthew 6:26 for insight into God's purposes.

#### **APPLICATION (In Groups of 3-4)**

What good prayer habit have you developed copying someone else?

What do you worry about? Do you consider yourself a person who worried too much or too little? How has prayer given you peace from a past worry?

What was the most difficult thing that happened to you this week? On a scale from 1-10, what is the stress level in your life? What is your body saying to you? How can prayer help?



SHV Groups