

MESSAGE NOTES

The Antidote to Anxiety

When Jesus looked up and saw a great crowd coming toward him, he said to Philip, "Where shall we buy bread for these people to eat?" He asked this only to test him, for he already had in mind what he was going to do. Philip answered him, "It would take more than half a year's wages to buy enough bread for each one to have a bite!" –John 6:5-7 NIV

In the world you will always have a reason to _____

To be tested is to reveal what is _____

The antidote to anxiety – Jesus is the _____

- With our limited assessment we enter the New Year with _____
- Stay close to Jesus, follow _____
- Be filled with _____!

REFLECTION AND RESPONSE

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REFLECTION AND RESPONSE

DEVOTIONAL THOUGHTS

"Come and dine," gives us a vision of union with Jesus, because the only food that we can feast upon when we dine with Jesus is himself. Oh, what union is this! It is a depth which reason cannot fathom, that we thus feed upon Jesus...

If we were more near to Jesus we should be more near to one another. We likewise see in these words the source of strength for every Christian. To look at Christ is to live, but for strength to serve him you must "come and dine." We labor under much unnecessary weakness on account of neglecting this percept of the Master. We none of us need to put ourselves on low diet; on the contrary, we should fatten on the marrow and fatness of the gospel that we may accumulate strength therein, and urge every power to its full tension in the Master's service. Thus, then, if you would realize nearness to Jesus, union with Jesus, love to his people and strength from Jesus, "come and dine" with him by faith.

From Charles Spurgeon, late 1800's, Morning by Morning Devotional

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