



CELEBRATE RECOVERY

Recognizing the Problem:

You learned not to trust and built walls around your heart. At first the walls served merely to protect you from another abuse, but later, you found yourself a prisoner in your self-made fortress. Your spiritual death was as real as your emotional poverty.

You have always been aware that you are alone. As a child, you interpreted the abandonment and/or abuses you experienced as justified. You believed you were at fault for what has happened to you. Sex with yourself, or with others, gave you the illusion of acceptance and thus the "cure" to your worthlessness.

Identifying/Symptom Checklist:

Sexual Addiction: Breaking It Down

Addictive Behaviors:

- Adulterous behavior
- Illicit relationships
- Sex with self (masturbation)
- Sexual fantasies
- Pornography
- Promiscuity
- Internet chat rooms
- Internet cyber sex
- Phone sex
- Exhibitionism
- Exotic dancing
- Serving as an escort / prostitute
- Spouse and/or couple swapping
- Intentional provocative dress
- Sexual encounters and/or relationships
- Secret double life
- High risk situations
- Predator

Characteristics That Fuel Sexual Addiction:

- Lust, or being lusted after
- Control or power over others
- Rebellion
- Selfishness
- Extreme justification
- Blame game
- Resentfulness
- Revengefulness
- Self centeredness
- Self destructiveness
- Pride
- Jealousy
- Female competition
- Non-committal relationships
- Isolation

Core Issues/Causes of Sexual Addiction

- The need to be nurtured
- Fear of intimacy
- False intimacy
- Lack of self worth
- The need to be in control
- Rage
- Self hate
- Escape
- Loneliness
- Shame
- Fear of commitment
- Spiritual bankruptcy
- Sexual abuse
- Emotional abuse
- Verbal abuse
- Physical abuse
- Physical or emotional abandonment

The Solution:

Join us Tuesday and Friday nights at 7:00 pm to delve into these issues and begin to celebrate God's healing power through the Christ-centered 12 steps and the Eight Recovery Principles.

Your problem is spiritual, emotional and physical. Sex is not the problem. You have been using lust to escape your own feelings. You can find sobriety.

You merely have to ask God what His standards are for your sexuality. You cannot trust your sin nature to provide you an answer. You fight this battle of sobriety at two levels.

- The behavioral level where you act out sexually with yourself or someone else.

- The internal level where you battle your fleshly lusts and desires and where you conduct your battles of spiritual warfare. It is this second level where true, lasting sobriety is found through the love and power of Jesus Christ.

For more information, please contact:

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